

#### Education

- 1 PhD : Health Education, Tarbiat Modares University, IRAN
- 2 BSc/BA : Nursing, Esfahan University, IRAN
- 3 MS : Community health nursing, Community health , Tarbiat Modares University, IRAN

#### Research Experience

- 1- Health education program using the PRECEDE model for reduction of intestinal parasitic infections mothers referring to health centers of Arak , health education, Arak, Iran, 01/01/2003 - 01/01/2005
- 2- The survey of the effect of composed PRECEDE-PROCEED model, social cognitive and adult learning theories to promote safety behaviors in Razi Petrochemical Company employees, safety behaviors, Mahshahr, Iran, 01/01/2005 - 01/01/2008

#### Teaching Experience

- 1- Group dynamics, MSc
- 2- Principles of health education and health promotion, MSc
- 3- Community health nursing, MSc
- 4- Models and theories in health education and health promotion, PhD
- 5- Learning theory in nursing education, PhD
- 6- Role of health education to prevention communicable disease, PhD
- 7- Seminar, PhD & MSc

#### Awards

- 1- First place in the field of culture and research, Health Media Festival, 2011, Iran
- 2- Third place in the field of culture and research, Health Media Festival, 2012, Iran

#### Books

- 1- 2008, *health education*, Hormozgan University, in persian
- 2- 2000, *Community health nursing*, boshra, in persian
- 3- 2008, *health education and health promotion theories, models and methods*, asare sobhan, in persian
- 4- 2009, *health education and promotion research methods*, asare sobhan, in persian
- 5- 2010, *A textbook of health communication*, asare sobhan, in persian
- 6- 2011, *stress management training manual for adolescents*, asare sobhan, in persian

#### National Journals

- 1- MASOUDI ALAVI N., GHOFRANI POUR F.A., AHMADI F., BABAEI GH.H., 2004, 'EVALUATION OF EFFECTIVENESS OF COMMUNITY BASED INTERVENTIONS ON CONTROLLING DIABETES MELLITUS IN TEHRAN, 1382 ', *IRANIAN JOURNAL OF DIABETES AND LIPID DISORDERS-*, Vol. 3, No. 2, pp. 185-194
- 2- ABDI M., GHOFRANI POUR F.A., SADRAEI J 2000, 'THE EFFECT OF HEALTH EDUCATION PROGRAM, PRESENTED BY TEACHERS ON THE PREVENTION OF OXYURIASIS IN PRIMARY SCHOOL OF ARDEKAN ', *DANESHVAR MEDICINE*, Vol. 7, No. 27, pp. 65-70
- 3- Zamani Alvijeh, F. ; Niknami, Sh. ; Mohamadi, E. ; Ahmadi, F. ; Montazeri, A. 4 Qafranipour, F 2008, ' y Reasons for Riding Motorcycles and Taking Risky Behaviors:', *Behbood*, Vol. 12, No. 1, pp. 85-101
- 4- Zamani Alavijeh, F.; Niknami, Sh.; Mohamadi, E. ; Montazeri, A. ; Ghofranipour, F. ; Ahmadi, F. 2008, 'Iranian Motorcyclists' Personal Experiences of Risky Riding', *Behbood*, Vol. 12, No. 3, pp. 271-283
- 5- Dehdari T, Heidarnia A, Ramezankhani A, Sadeghian S, Ghofranipour 2008, 'Planning and evaluation of an educational intervention programme to improve life quality in patients after coronary artery bypass graft-surgery according to PRECEDE-PROCEED model', *JOURNAL OF BIRJAND UNIVERSITY OF MEDICAL SCIENCES*, Vol. 15, No. 3, pp. 27-38
- 6- AHMADY F., GHOFRANI POUR F.A., AREFY H., ABEDY H.A., FAGHIH ZADEH S. 2002, 'A STUDY OF EFFECTIVENESS OF CONTINUOUS CARE CONSULTATION ON THE QUALITY OF LIFE OF PATIENTS WITH CORONARY ARTERY DISEASE ', *JOURNAL OF PSYCHOLOGY*, Vol. 6, No. 21, pp. 94-85
- 7- AHMADIYAN Y.N., GHOFRANI POUR F.A., EMADZADEH A., KAZEM NEZHAD ANOUSHIRAVAN 2005, 'A SURVEY ON THE EFFECTS OF INTERPERSONAL COMMUNICATION SKILLS EDUCATION OF FAMILY HEALTH WORKERS ON THE SATISFACTION LEVEL OF THEIR CLIENTS IN MASHHAD CITY HEALTH CENTERS ', *MODARES JOURNAL OF MEDICAL SCIENCES*, Vol. 7, No. 2, pp. 18-11
- 8- LESAN SH., GHOFRANI POUR F.A., BIRASHK B., FAGHIH ZADEH S 2003, 'APPLICATION OF PRECEDE IN REDUCING TEHRANIAN FIREMEN ANXIETY', *IRANIAN JOURNAL OF PSYCHIATRY AND CLINICAL PSYCHOLOGY*, Vol. 9, No. 34, pp. 83-77
- 9- TAVAFIAN S.A.S., EFTEKHAR ARDABILI H., MOHAMMAD K., JAMSHIDI A.R., SHOJAEI ZADEH D., GHOFRANI POUR ROUCHI F.A 2005, 'BACK SCHOOL IN LOW BACK PAIN: A SINGLE BLIND RANDOMIZED TRIAL', *JOURNAL OF MEDICAL COUNCIL OF I.R.I.*, Vol. 23, No. 2, pp. 178-170
- 10- MASOUDI ALAVI N., GHOFRANI POUR F.A., AHMADI F., RAJAB A., BABAEI GH.R 2004, 'DESIGNING AND TESTING THE OUTCOME BASED MANAGEMENT MODEL IN DIABETICS', *FEYZ*, Vol. 7, No. 28, pp.
- 11- GHAFARI MOHTASHAM, NIK NAMI SH.A.D., KAZEM NEZHAD ANOUSHIRAVAN, MIRZAEI E., GHOFRANI POUR ROUCHI F.A. 2007, 'DESIGNING AND VALIDATING 10 CONCEPTUAL SCALES TO PREVENT HIV AMONG ADOLESCENTS', *BEHBOOD* , Vol. 11, No. 32, pp. 50-38
- 12- TEYMOURI PARVANEH, NIK NAMI SH.A.D., GHOFRANI POUR F.A 2007, 'EFFECTS OF A SCHOOL-BASED INTERVENTION ON THE BASIS OF PENDER'S HEALTH PROMOTION MODEL TO IMPROVE PHYSICAL ACTIVITY AMONG HIGH SCHOOL GIRLS ', *ARMAGHAN DANESH*, Vol. 12, No. 46, pp. 57-47
- 13- ZARKHAH S., GHOFRANI POUR F.A., AHMADI F., DOSTKAMI D 2006, 'EFFECTS OF FAMILY-CENTERED INTERVENTION ON DIETARY PATTERNS IN POST MYOCARDIAL INFARCTION', *PEJOUHANDEH*, Vol. 11, No. 53, pp. 307-303

- 14- NAJAFI F., GHOFRANI POUR F.A., RAKHSHANI F., KAZEM NEZHAD ANOUSHIRAVAN 2003, 'EFFECTS OF GROUP COUNSELING PROGRAM WITH WOMEN ON KNOWLEDGE, ATTITUDE, AND PRACTICE (KAP) OF THEIR HUSBANDS REGARDING FAMILY PLANNING IN ZAHEDAN HEALTH CENTERS IN 2002', *REPRODUCTION AND INFERTILITY*, Vol. 1, No. 1, pp. 54-47
- 15- DEHDARI T., HEYDAR NIA A.R., RAMEZAN KHANI A., SADEGHIAN SAEID, GHOFRANI POUR ROUCHI F.A., BABAEI GHOLAM REZA, ETEMADI S 2007, 'EFFECTS OF PHASE III CARDIAC REHABILITATION PROGRAMS ON ANXIETY AND QUALITY OF LIFE IN ANXIOUS PATIENTS AFTER CORONARY ARTERY BYPASS SURGERY', *THE JOURNAL OF TEHRAN UNIVERSITY HEART CENTER*, Vol. 4, No. 2, pp. 212-207
- 16- FOULADI N., SALSALI M., GHOFRANI POUR F.A 2006, 'FACILITATING AND IMPEDING FACTORS IN HEALTH PROMOTION FOR PATIENTS WITH CHRONIC ILLNESS: A QUALITATIVE STUDY', *JOURNAL OF ARDABIL UNIVERSITY*, Vol. 6, No. 21, pp. 286-278
- 17- SHAHAB JAHAN LOU A.R., GHOFRANI POUR F.A., SOBHANI A.R., KIMIAGAR MASOUD, VAFAEI M 2008, 'EVALUATING CURVILINEAR HYPOTHESIS IN QUALITY OF LIFE AND GLYCEMIC CONTROL IN DIABETIC PATIENTS', *RAHAVARD-E DANESH*, Vol. 11, No. 43, pp. 34-27
- 18- MAMIYANLO H., ALHANI F., GHOFRANI POUR F.A 2001, 'EVALUATION OF THE EFFECTS OF A PLAY PROGRAM ON THE ANXIETY OF HOSPITALIZED SCHOOL-AGE CHILDREN IN TEHRAN MEDICAL CENTER OF CHILDREN', *MODARES JOURNAL OF MEDICAL SCIENCES*, Vol. 1, No. 4, pp. 62-55
- 19- AGHA MOULAEI T., EFTEKHAR H., SHOJAEI ZADEH D., MOHAMMAD K., SOBHANI A., NAKHJAVAN M., GHOFRANI POUR F.A 2005, 'INFLUENCE OF EDUCATIONAL INTERVENTION USING INTERACTION APPROACH ON BEHAVIOR CHANGE, HEMOGLOBIN A1C AND HEALTH -RELATED QUALITY OF LIFE IN DIABETIC PATIENTS', *JOURNAL OF SCHOOL OF PUBLIC HEALTH AND INSTITUTE OF PUBLIC HEALTH*, Vol. 4, No. 12, pp. 20-13
- 20- TAGHIZADEH M., GHOFRANI POUR ROUCHI F.A., NIKPOUR B., FAGHIH ZADEH S 2004, 'STUDY OF THE FREQUENCY OF SIGNS, SYMPTOMS AND SELF - MEDICATION METHODS FOR PREMENSTRUAL SYNDROME (PMS)', *DANESHVAR MEDICINE*, Vol. 10, No. 46, pp. 26-19
- 21- HEKMAT POU D., GHOFRANI POUR F.A., DAVAMI MH., DIDGAR F., RAFII M 2001, 'STUDY THE EFFECT OF HEALTH EDUCATION ON DECREASING RATE OF INTESTINAL PARASITIC INFECTIONS AMONG MOTHERS WHO COME TO HEALTH CENTERS OF ARAK CITY IN 2001', *DANESHVAR MEDICINE*, Vol. 11, No. 50, pp. 30-21
- 22- AHMADI F., GHOFRANI POUR F.A., ABEDI H.A., AREFI S.H., FAGHIH ZADEH S 2002, 'THE DESIGN OF CONTINUOUS CARE MODEL FOR THE CONTROL OF CORONARY ARTERY DISEASE', *MODARES JOURNAL OF MEDICAL SCIENCES*, Vol. 4, No. 2, pp. 104-97
- 23- SADAT HOSSAINEI A., GHOFRANI POUR F.A., ALHANI 2001, 'THE EFFECT OF A MID-DAY SNACK PLAN ON TODDLERS' ANTROPOMETRY INDEXES IN 1999', *MODARES JOURNAL OF MEDICAL SCIENCES*, Vol. 3, No. 2, pp. 102-95
- 24- FAGHIH A., ANOUSHEH M., AHMADI F., GHOFRANI POUR ROUCHI F.A. 2007, 'THE EFFECT OF BOY STUDENTS' PARTICIPATION ON CONSUMPTION OF MILK AND DAIRY PRODUCTS BY FAMILY IN JANAH, HORMOZGAN PROVINCE, 2004', *MEDICAL JOURNAL OF HORMOZGAN UNIVERSITY*, Vol. 4, No. 10, pp. 356-349
- 25- ASADI POUR M., GHOFRANI POUR F.A., HAJI ZADEH S 2001, 'THE EFFECT OF GROUP DISCUSSION ON SMOKING IN MALE STUDENTS OF HIGH SCHOOL IN RAFSANJAN CITY', *DANESHVAR MEDICINE*, Vol. 8, No. 35, pp. 6-1
- 26- SHARIFI RAD GH., HAIDARNIA A.R., DALIMI A., GHOFRANI POUR F.A. 2002, 'THE EFFECT OF HEALTH EDUCATION ON REDUCTION OF INTESTINAL PARASITIC INFECTION RATE IN ELEMENTARY STUDENTS, ILAM CITY', *JOURNAL OF SHAHID SADOUGHI UNIVERSITY OF MEDICAL SCIENCES AND HEALTH SERVICES*, Vol. 9, No. 4, pp. 80-75
- 27- ROSTAMI A., GHOFRANI POUR F.A., RAMEZAN ZADEH F., KAZEM NEZHAD ANOUSHIRAVAN 2004, 'THE EFFECT OF HEALTH EDUCATION PROGRAM ON QUALITY OF WOMEN'S LIFE IN MENOPAUSE', *DANESHVAR MEDICINE*, Vol. 11, No. 49, pp. 24-19
- 28- SAFARI M., SALSALI M., GHOFRANI POUR F.A 2004, 'THE EFFECT OF NURSES EDUCATION WITH METHOD GROUP DISCUSSION ON THE QUALITY OF NURSING CARE IN PATIENTS WITH MYOCARDIAL INFARCTION', *JOURNAL OF ARMY UNIVERSITY OF MEDICAL SCIENCES OF THE I.R. IRAN (JAUMS)*, Vol. 2, No. 4, pp. 441-437
- 29- MOSHKI M., GHOFRANI POUR ROUCHI F.A., ALLAHYARI A 2001, 'THE EFFECT OF PROBLEM SOLVING TRAINING ON THE SELF-CONCEPT OF MALE ADOLESCENTS IN GONABAD HIGH SCHOOLS IN 1999', *MODARES JOURNAL OF MEDICAL SCIENCES*, Vol. 3, No. 2, pp. 125-121
- 30- GHAZANFARI Z., GHOFRANI POUR F.A., AHMADI F., RAJAB A 2006, 'THE EFFECT OF THE EDUCATIONAL PROGRAM, BASED ON THE CRITERION OF JAMES BROWN, ON THE DIABETIC PATIENTS' NUTRITION', *DANESHVAR MEDICINE*, Vol. 14, No. 65, pp. 54-45
- 31- ZAREIAN JAHROUMI A., MADDAH S.B., GHOFRANI POUR ROUCHI F. 2006, 'THE EFFECT OF THE PARENTS' INVOLVEMENT PROGRAM ON NINETH GRADE MALE ADOLESCENT SMOKING', *DANESHVAR MEDICINE*, Vol. 13, No. 63, pp. 52-41

- 32- MOSHKI M., GHOFRANI POUR F.A., ALLAHYARI A.A. 2001, 'THE EFFECTIVENESS OF GROUP DISCUSSION ON THE SELF-CONCEPT OF HIGH SCHOOL BOYS IN GONABAD', *THE JOURNAL OF QAZVIN UNIVERSITY OF MEDICAL SCIENCES*, No. 19, pp. 21-16
- 33- SHAHAB JAHAN LOU A.R., GHOFRANI POUR F.A., KIMIAGAR MASOUD, VAFAEI M., HEYDAR NIA A.R., SOBHANI S.A.R., JAHANI ZH. 2008, 'THE RELATIONSHIP BETWEEN KNOWLEDGE, SELF-EFFICACY AND QUALITY OF LIFE WITH GLYCEMIC CONTROL AND LIPID PROFILE IN SMOKING DIABETIC PATIENTS', *MEDICAL JOURNAL OF HORMOZGAN UNIVERSITY*, Vol. 4, No. 11, pp. 266-211
- 34- PEYMAN N., HIDARNIA A.R., GHOFRANI POUR F.A., AMIN SHOKRAVI F., KAZEM NEZHAD ANOUSHIRAVAN, KHODAEI GH 2007, 'THE RELATIONSHIP BETWEEN PERCEIVED SELF-EFFICACY AND CONTRACEPTIVE BEHAVIORS AMONG IRANIAN WOMEN REFERRING TO HEALTH CENTERS IN MASHAD IN ORDER TO DECREASE UNWANTED PREGNANCIES', *REPRODUCTION AND INFERTILITY*, Vol. 81, No. 30, pp. 90-78
- 35- MOSHKI M., GHOFRANI POUR F.A., AZADFALLAH P., HAJI ZADEH E 2006, 'VALIDITY AND RELIABILITY OF THE MULTIDIMENSIONAL HEALTH LOCUS OF CONTROL (FORM B) SCALE IN IRANIAN MEDICAL STUDENTS', *OFOGH-E-DANESH*, Vol. 12, No. 1, pp. 41-33
- 36- Taymoori P. Niknami Sh. Ghofranipour F, Khazemnejad A 2008, 'COGNITIVE AND PSYCHOSOCIAL FACTORS OF PHYSICAL ACTIVITIES AMONG ADOLESCENTS IN SANANDAJ BY FRAME WORK OF PENDER'S HEALTH PROMOTION AND STAGE OF CHANGE MODELS(2006)', *Behbod*, Vol. 4, No. 35, pp. 393-406
- 37- Khorsandi, M, Ghofranipour F, Hidarnia A, Faghihzadeh S, Vafaei M , Rousta, Amin Shokravi F 2008, 'The effect of childbirth preparation classes on childbirth fear and normal delivery among primiparous women ', *Journal of Arak University of Medical Sciences*, Vol. 11, No. 3, pp. 29-36
- 38- Sanaenasab H. Ghofranipour F. Kazemnejad A. Khavanin A. Tavakoli R 2008, ' The Effect of Composed Precede-Proceed Model, Social Cognitive and Adult Learning Theories to Promote Safety Behaviors in Employees', *Behbod*, Vol. 12, No. 1, pp. 11-25
- 39- Zaraeian, A ;Ghofranipour F; Ahmadi F: Khazemnejad A: Akhtardanesh N; Mohammadi E 2008, 'Conceptual Explanation of Male Adolescents Lifestyle; a Qualitative Research', (*Iranian Journal of Nursing Research* , Vol. 2, No. 7, pp. 73-84
- 40- Z. Ghazanfari, dr. Sh. Niknami \*, dr. F. Ghofranipour, dr. B. Lari 2009, 'Regular physical activity from perspective of females with diabetes: A qualitative study', *Ofoghe Danesh*, Vol. 15, No. 1, pp. 5-15
- 41- KARIMY M.\*, HEIDARNIA A.R., GHOFRANIPOUR F. 2011, 'FACTORS INFLUENCING SELF-MEDICATION AMONG ELDERLY URBAN CENTERS IN ZARANDIEH BASED ON HEALTH BELIEF MODEL ', *ARAK MEDICAL UNIVERSITY JOURNAL (AMUJ)*, Vol. 14, No. 5, pp. 70-78
- 42- Noroozi A1, Tahmasebi R2, Ghofranipour F3, Hydarnia A3 2011, 'Effect of Health Promotion Model (HPM) Based Education on Physical Activity in Diabetic Women', *Iranian Journal of Endocrinology and Metabolism*, Vol. 13, No. 4, pp. ۳۶۷ - ۳۶۱
- 43- DELARA M., GHOFRANIPOUR F.\*, AZADFALLAH P., TAVAFIAN S.S., KAZEMNEJAD A., KOSHKI M. 2012, 'DEVELOPMENT AND PSYCHOMETRIC TESTING OF A SCALE FOR PREMENSTRUAL SYNDROME IN SABZEVARIAN HIGH SCHOOL ADOLESCENTS IN 2011', *JOURNAL OF NORTH KHORASAN UNIVERSITY OF MEDICAL SCIENCES*, Vol. 3, No. 4, pp. 55-62
- 44- FASIHI HARANDY TAYEBEH, ANOOSHEH MONIREH\*, GHOFRANIPOUR FAZLOLAH, MONTAZERI ALI, AHMADI FAZLOLAH, MOHAMMADI EISA, NIKNAMI SHAMSODIN 2012, 'HEALTH-RELATED QUALITY OF LIFE IN IRANIAN BREAST CANCER SURVIVORS: A QUALITATIVE STUDY ', *PAYESH*, Vol. 11, No. 1, pp. 81-73
- 45- Mahin Delara , Fazlollah Ghofranipour and Parviz Azad Fallah 2012, 'Decision Making Process and Related Factors in Adolescents with Premenstrual Syndrome', *ASRA*, Vol. 19, No. 1, pp. 68-59
- 46- Maryam Amidi Mazaheri, Alireza Hidarnia, Fazlollah Ghofranipour 2010, ' Predictors of Safety Attitude among Workers based on the Health Action Model', *Health System Research*, Vol. 7, No. 6, pp.
- 47- Fereshteh Zamani Alavijeh, Shamsuddin Niknami, Esa Mohamadi, Ali Montazeri, Fazlollah Ahmadi, Fazlollah Ghofranipour, Sedighe Sadat Tavafian 2010, 'High risk behaviors among Iranian motorcyclists: a qualitative study ', *payesh*, Vol. 9, No. 3, pp. 269-278
- 48- TAVOUSHI MAHMOUD, HEYDARNIA ALI REZA\*, MONTAZERI ALI, TAREMIAN FARHAD, HAJIZADEH EBRAHIM, GHOFRANIPOUR F.A 2010, 'MODIFICATION OF REASONED ACTION THEORY AND COMPARISON WITH THE ORIGINAL VERSION BY PATH ANALYSIS FOR SUBSTANCE ABUSE PREVENTION AMONG ADOLESCENTS', *MEDICAL JOURNAL OF HORMOZGAN UNIVERSITY*, Vol. 4, No. 4, pp. 45-54
- 49- Parisa Amiri, Fazlollah Ghofranipour , Sara Jalali Farahani, Fazlollah Fazlollah Ahmadi, Farhad Hosseinpanah , Heidar Ali Hooman 2010, 'Mothers' Perceptions on Familial Correlates of Overweight and Obesity Related Behaviors in Adolescents', *Iranian Journal of Endocrinology & Metabolism*, Vol. 12, No. 2, pp.

- 50- MOSHKI M., GHOFRANIPOUR F.A., AZAD FALAH P., HAJIZADEH EBRAHIM 2010, 'IMPLEMENTATION OF PARTICIPATORY-EDUCATIONAL PROGRAM BASED ON PRECEDE MODEL FOR SELF-ESTEEM AND PSYCHOLOGICAL WELL-BEING ENHANCEMENT OF UNIVERSITY STUDENTS', *MEDICAL JOURNAL OF HORMOZGAN UNIVERSITY* , Vol. 14, No. 1, pp. 22-31
- 51- Amidi Mazaher M, Hidarnia A, Ghofranipour F 2010, 'Design and determine validity and reliability of safety locus of control scale in Isfahan Steel Company workers', *Iran Occupational Health Journal*, Vol. 7, No. 3, pp. 17-23

#### International Journals

- 1- Noroozi A, Ghofranipour F, Heydarnia A, I Nabipour I, Tahmasebi R and Tavafian SS 2011, 'The Iranian version of the exercise self-efficacy scale (ESES): Factor structure, internal consistency and construct validity ', *Health Education Journal*, Vol. 1, No. 70, pp. 21-31
- 2- Sanaei Nasab H , Ghofranipour F , Kazemnejad A , Khavanin A and Tavakoli R 2008, 'The Effect of Safety Education on Promote in Petrochemical Workers' Safe Behavior, ', *European Journal of Scientific Research* , Vol. 23, No. 1, pp. 167-176
- 3- Amiri P, Ghofranipour F, Ahmadi F, Hosseinpanah F, Montazeri A, Jalali farahani S, Rastegarpour A 2012, 'Barriers to a healthy lifestyle among obese adolescents: a qualitative study from Iran ', *International Journal of Public Health* , pp.
- 4- Fasihi Harandy T; Ghofranipour F; Montazeri A; Anoosheh M; Bazargan M; Mohammadi E; Ahmadi F; Niknami S 2010, 'Muslim Breast Cancer Survivor Spirituality: Coping Strategy or Health Seeking Behavior Hindrance?', *Health Care for Women International*, Vol. 31, No. 1, pp. 88-98
- 5- Mohammadi E, Abedi HA, Ghofranipour f, Jalali F 2002, 'Partnership caring: a theory of high blood pressure control in Iranian hypertensive', *international Journal of Nursing practice*, Vol. 8, pp. 329-324
- 6- Mohammadi E, Abedi HA, Ghofranipour f, Jalali F, Khazemnegad 2002, 'A study of cardiovascular risk factors in Babolian rural hypertensives', *Medical journal of the Islamic republic of Iran*, Vol. 16, pp. 13-16
- 7- Aghamolaei T, Eftekhari H, Shojaeizadeh D, Nakhjavani F, Ghofranipour F 2003, ' Behavior, Metabolic Control and Health-related Quality of Life in Diabetic Patients at Bandar Abbas Diabetic Clinic', *Iranian J Publ health*, Vol. 32, No. 3, pp. 54-59
- 8- Aghamolaei T, Eftekhari H, Mohammad K, Nakhjavani M, Shojaeizadeh D, Ghofranipour F, Safa O 2005, 'Effect of a health education program on behavior, HBA1C and health related quality of life in diabetic patient', *Acta Medicine Iranica*, Vol. 43, pp. 90-94
- 9- Tavafian SS, Eftekhari H, Mohammad K, Jamshidi AR, Montazeri D, Shojaeizadeh D, Ghofranipour F 2005, 'Quality of life in women with different intensity of low back pain', *Iranian journal of public health*, Vol. 34, pp. 36-39
- 10- Haidarnia A, Dehdari T, Ghofranipour F, Kazemnejad A, Heidarnia M. 2005, 'The effect of health education on health related quality of life in patients with coronary artery bypass surgery', *Medical journal of the Islamic Republic of Iran*, , Vol. 18, pp. 319-326
- 11- Tavafian SS, Eftekhari H, Mohammad K, Jamshidi AR, Shojaeizadeh D, Ghofranipour F 2004, 'Patient's knowledge, perception and belief about the reasons of low back pain. ', *Iranian journal of public health*, Vol. 33, pp. 57-60
- 12- Morowatisharifabad MA, Ghofranipour F, Heidarnia AR, Babaei GH, Ehrampoush MH 2006, 'self efficacy and health promotion behaviors of older adult in Iran. ', *Social behavior and personality journal*, Vol. 43, No. 7, pp. 759-768
- 13- Masoudialavi N, Ghofranipour F, Ahmadi F, Emami A 2007, 'Developing and culturally valid and reliable quality of life questionnaire in diabetes mellitus', *Eastern Mediterranean health journal*, Vol. 13, No. 1, pp. 177-185
- 14- Mohammadi E , Abedi H , Jalal F, Gofranipour F , Kazemnejad A 2006, 'Evaluation of 'partnership care model' in the control of hypertension', *International Journal of Nursing Practice*, Vol. 12, pp. 153-159
- 15- TAVAFIAN S.A.S., EFTEKHAR H., SHOJAEZADEH D., MOHAMMAD K., JAMSHIDI A.R., MONTAZERI A., ASSASI N., GHOFRANI POUR F.A 2005, 'A FOCAL GROUP STUDY OF PATIENT'S EXPERIENCES, PERCEPTIONS AND OPINIONS ABOUT NON-HEALTHY BEHAVIORS RESULTING IN LOW BACK PAIN.', *Acta Medica Iranica*, Vol. 43, No. 4, pp. 282-286
- 16- Habibzadeh.H.Ghofranipour.F.Ahmadi.F 2007, 'A Study on the Effect of Self Care Plan on Activity Daily Living Status in Patient with Cerebro Vascular Accident', *Journal of Medical Sciences*, Vol. 1, No. 7, pp. 126-130
- 17- GHAZANFARI Z., GHOFRANI POUR F. TAVAFIAN S.A.S., AHMADI F., RAJAB A 2007, 'Lifestyle Education and Diabetes Mellitus Type 2: A Non- Randomized Control Trial', *Iranian J Publ Health*, Vol. 36, No. 2, pp. 68-72
- 18- Moshki M, Ghofranipour F, Hajizadeh E, Azadfallah P 2007, 'Validity and reliability of the multidimensional health locus of control scale for college students', *BMC Public Health* , Vol. 7, pp.

- 19- Foladi N, Salsali M , Ghofranipour F 2007, 'Facilitating and Impeding Factors in Health Promotion for Patients with Chronic Illness: A Qualitative Study', *Iranian Journal of Public Health*, Vol. 4, No. 36, pp. 35-41
- 20- Ahmadian Yazdi N , Tavafian S S , Emadzadeh A , Kazemnejad A , Ghofranipour F 2008, 'Communication training and patient satisfaction:', *Patient Preferences and Adherence*, Vol. 2, pp. 137-142
- 21- Taymoori P, Berry TR, Niknami S, Lubans D, Ghofranipour F 2008, 'A school-based randomized controlled trial to improve physical activity among Iranian high school girls', *International Journal of Behavioral Nutrition and Physical Activity*, Vol. 5, No. 18, pp.
- 22- Dehdari T , Heidarnia A , Ramezankhani A, Sadeghian S , Ghofranipour F , Babaei Ruchi G i, Etemadi S 2007, ' Effects of Phase III Cardiac Rehabilitation Programs on Anxiety and Quality of Life in Anxious Patients after Coronary Artery Bypass Surgery ', *The Journal of Tehran University Heart Cente*, Vol. 2, No. 4, pp. 207-212
- 23- Hedayti A, Sadraei J, Ghofranipour F 2008, 'Relationship between the rate of giardiasis and knowledge and practice of prevention in primary school children in south of Tehran', *Parasitol Res*, No. 104, pp. 169-171
- 24- Khorsandi M , Ghofranipour F, Faghihzadeh S , Hidarnia A , Akbarzadeh Bagheban A and Vafaie Maria E 2008, ' Iranian version of childbirth self-efficacy inventory', *Journal of Clinical Nursing*, No. 17, pp. 2842 2855
- 25- Pirasteh A , Hidarnia A , Asghai A, Faghihzadeh S and Ghofranipour F 2008, ' Development and validation of psychosocial determinants measures of physical activity among Iranian adolescent girls', *BMC Public* , Vol. 8, No. 150, pp.
- 26- Saied-Moallemi Z, Virtanen JI, Ghofranipour F, Murtomaa H 2008, 'Influence of mothers' oral health knowledge and attitudes on their children's dental health', *Eur Arch Paediatr Dent*, Vol. 9, No. 2, pp. 79-83
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- 49- Mahdi Moshki, Fazlollah Ghofranipour 2011, 'Iranian version of Form B of the Multidimensional Health Locus of Control Scales among the youth', *Journal of Clinical Nursing* , Vol. 20, No. 11-12, pp. 1561-1567
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- 52- Maryam Amidi Mazaheri, Alireza Hidarnia, Fazlollah Ghofranipour 2011, 'Safety education and control: A tool to measure the safety locus of control', *J Edu Health Promot*, Vol. 1, No. 21, pp. 1-4

#### Refereed International Conference Proceedings

- 1- Health Promotion Process in Patients with Chronic Illness: A Qualitative Study, The 12th International Interdisciplinary Conference., Canada , pp.
- 2- EVALUATION OF HEALTH BELIEF MODEL FACTORS AND HBA1C IN DIABETIC PATIENTS WITH GOOD, FAIR AND BAD CONTROL, 8th IUHPE EUROPEAN CONFERENCE ON HEALTH PROMOTION AND EDUCATION, Turin, Italy , pp.
- 3- SKILL TRAINING THROUGH GROUP DISCUSSION: THE EFFECTIVE OUTCOME ON SELF-ESTEEM AND PSYCHOLOGICAL WELL-BEING OF UNIVERSITY STUDENTS', 8th IUHPE EUROPEAN CONFERENCE ON HEALTH PROMOTION AND EDUCATION, Turin, Italy , pp.
- 4- Health Promotion Process in Patients with Chronic Illness: A Qualitative Study', ', Qualitative Health ResearchThe 12th International Interdisciplinary Conference., Edmonton, Alberta, Canada , pp.
- 5- HOW PATIENTS WITH CHRONIC ILLNESS PROMOTE THEIR HEALTH: A MODEL OF HEALTH PROMOTION, ', Therapeutic Patient Education, Italy, pp.
- 6- Design and evaluation of partnership care model in control of hypertension', 26th annual scientific meeting of the Japanese society of hypertention, pp.
- 7- Partnership caring: A theory of high blood pressure control in Iranian hypertensive individuals', *Advances in Qualitative methods*, south Africa, pp.

- 8- The effect of group discussion on the self concept of high school ', Fifth international nursing conference Burunaei, pp.
- 9- A study of cardiovascular risk factors among the hypertensive patient in an Iranian rural community, 26th annual scientific meeting of the Japanese society of hypertension, pp.
- 10- A Grounded Theory survey on coronary artery disease management', Advances in Qualitative methods, south Africa, pp.
- 11- The study of Teachers behavior regarding health education and intestinal parasites in Ardekan', International meeting of Iropical disease, chine, chine , pp.
- 12- The application of the health belief model (H.B.M) to prevent Brucellosis, International congress on Anthrax, Brucellosis.... South Africa, pp.
- 13- The effect of problem solving Training on the self concept of male adolescents in Gonabadcity, Iran, Fourth International Nursing conference, Brunei Darussalam, pp.
- 14- INTRODUCING AND TESTING OUTCOME BASED MANAGEMENT MODEL IN DIABETES MELLITUS', Therapeutic Patient Education , Italy, pp.
- 15- 1996, The study of Teachers behavior regarding health education and intestinal parasites in Ardekan, International meeting of Iropical disease, 1996., chine , pp.

#### Memberships in Societies

- 1- Member of health education and health promotion association, Iran, -

#### Journal Reviewer

- 1- IRANIAN JOURNAL OF PUBLIC HEALTH, Iran
- 2- KOOMESH, Iran
- 3- OFOGH-E-DANESH, Iran
- 4- PAYESH, Iran
- 5- HAYAT, Iran
- 6- SHAHREKORD UNIVERSITY OF MEDICAL SCIENCES JOURNAL, Iran
- 7- JOURNAL OF BEHAVIORAL SCIENCES (JBS), Iran
- 8- Primary Care Diabetes, UK
- 9- Journal of School of Public Health and Institute of Public Health Research , Iran
- 10- Journal of Applied Social Psychology, UK
- 11- Journal of Rafsanjan University of Medical Sciences, Iran
- 12- MODARES JOURNAL OF MEDICAL SCIENCES, Iran
- 13- TEB VA TAZKIEH, Iran
- 14- HAKIM, Iran
- 15- IRANIAN JOURNAL OF ENDOCRINOLOGY AND METABOLISM (IJEM), Iran
- 16- DANESHVAR MEDICINE, Iran
- 17- STRIDES IN DEVELOPMENT OF MEDICAL EDUCATION , Iran
- 18- MEDICAL JOURNAL OF THE ISLAMIC REPUBLIC OF IRAN (MJIRI), Iran
- 19- Health Education Research, England
- 20- Diabetic Medicine, UK
- 21- Asia-Pacific Journal of Public Health (APJPH), USA
- 22- International Journal of Public Health, SWITZERLAND



23- Journal of Applied Social Psychology, USA

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24- Journal of Cancer Education, USA

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25- Oman Medical Journal, Oman

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26- BMC Public Health, UK

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#### Editorial Board of Conferences

1- National Congress Health Education & Promotion, Kerman University, Iran, 2013

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2- The First national congress on health education, Yazd University, Iran, 2003

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3- The Second congress on health and health promotion, Zahedan University, Iran, 2005

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4- The Third congress on health and health promotion, Hamadan University, Iran, 2008

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#### M.Sc. Thesis Supervised

1- Arian Rostami, 'The effect of education on quality of life of women in menopause', Guidance

---

2- Maryam Tavassoli, 'The affect of education of elective cesarean section in pregnant women', Adviser

---

3- Mahdi Safari, 'The effect of nurses education with method group discussion on the quality of nursing care in patients with myocardial infarction', Adviser

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4- Hossein Habibzadeh, 'The effect of self care plan on activity daily living status in patients with cerebro vascular accident hospitalized in selected hospital of Urmia medical sciences University', Guidance

---

5- Nahid Ahmadiyan Yazdi, 'A survey on the effect of interpersonal communication skills training of family health workers on the satisfaction level of their clients', Guidance

---

6- Uosef Aghbali, 'Design and evaluation of diabetes multimedia educational package', Guidance

---

7- Maryam Amidi Mazahery, 'Design the puberty health education package for adolescent girls in primary schools in Khaneh Esfahan city', Guidance

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8- Negar Ansari, 'The effect of snacks nutrition program education on the mothers to change behaviors of their children student', Guidance

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9- Zeinab Ghazanfari, 'A survey on the effect of educational designed program on lifestyle of type 2 diabetic patients', Guidance

---

10- Saeid Zarkhah, 'Effect of family-centered education on the health behaviors in patient with myocardial infarction', Guidance

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11- Bizhan Yazdanparast, 'The suyvey of the health education program effecting nutritional behavior of primary school students in 2000', Guidance

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12- Azita Firouzan, 'The affect of health education on behavioral health among adolescent girls in mensturation', Adviser

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13- Akram Sadat Sadat Hosseiny, ' Aseessment of snack plan of antropometry of toddler in Tehran city', Guidance

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14- Hyedeh Mamiyanlo, 'Evaluation of the effect of play program on anxiety of hospitalized school age children in medical center of childern of Tehran 1999-2000', Adviser

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15- Simin Tahmasebi, 'The effect of group discussion method on self image of teenaged thalassaemic patients in Shahrekord 2000', Guidance

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16- Mohammad Asadpour, 'The effect of group discussion on smoking in Male students of high school in Rafsanjan city', Guidance

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17- Azam Hedayati, 'Planninig of behavioral change by applying the PRECEDE model to prevent Giardiasis among students in primary school', Guidance

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18- Fereshteh Najafi, 'Effect of group counseling program with woman on Male involvement in family planning in Zahedan health centers at 2002', Guidance

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19- Marjan Abdi, 'The of health education program presented by teachers on the prevention of Enterobiasis ( oxyuriasis) in primary school of Ardekan', Guidance

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- 20- Alireza Didarlou, 'The effect of health education program to prevent Giardiasis in primary school students of Khoy ', Guidance
- 21- Fatemeh Baghersad, 'A survey to identify educational needs of female students toward (health of puberty) and proposing suitable curriculum', Guidance
- 22- Ahdieh Parhizkar, 'The survey of the effect of home visit on the control of endemic Goiter women in Sannandag-Kordestan- in 1375', Guidance
- 23- Marjan Abdi, 'The effect of health education program presented by teachers on the prevention of enterobiasis(oxyuriasis) in primary school of Ardekan', Guidance
- 24- Mina Eskandarifar, 'Effectiveness of health education program on the primary school teachers about cervical cancer preventions in Uromieh city', Guidance
- 25- Mahdi Moshki, 'The effect of problem solving training on the self concept of Male adolescents in Gonabad high schools 1999', Guidance
- 26- Ali Dastmardi, 'Evaluation the effects of health education programs in family planning on Behvarz men in Mahabad', Guidance
- 27- Ali Dehghani, 'The effect of PRECEDE model in family on their children Endemic goiter situations', Guidance
- 28- Armin Zareiyen Jahromi, 'The effect of parent participation program on the health behaviors of Male adolescent', Guidance
- 29- Leila Torshizi, 'Effect of health belief model on using preventive factors from osteoporosis in postmenopausal women', Adviser

#### Ph.D. Thesis Supervised

- 1- Parisa, Amiri, ' Explanation of the obesity process in adolescents Design and testing a model to predict obesity prevention:', Guidance
- 2- Maryame Amidi Mazaheri, 'To expand Health Action Model for occupational accident reduction in Isfahan Steel Company', Adviser
- 3- Mohammad, Asadpour, 'Promotion and Maintenance of Preventive Behaviors from HIV, HBV and HCV Infections in Health Care Workers with Using Constructs of Health Belief Mode In Precede -Proceed Model', Guidance
- 4- Mohsen, Saffari, ' Evaluation impact of an educational intervention based on transactional model of stress and coping on stress reduction in male high school adolescents', Guidance
- 5- Mahin, Delara, 'Evaluation of an Educational Program based on Construal Level Theory for the Progression of the Precaution Adoption Process Model Stages in order to cope with Premenstrual Syndrome', Guidance
- 6- Azita Noroozi, ' Promoting physical activity in diabetic women with using stage of change construct in health promotion model', Guidance
- 7- Tayebeh Fasihi Harandy, ' Designing and Evaluating an Eduactional Model to Improve Quality of Life in Women with Breast Cancer', Guidance
- 8- Armin Zareian Jahromy, 'The effect of parent participation program on the health behaviors of male adolescent', Guidance
- 9- Mohammad Ali Morowatisharifabad, 'Modification of Health Promotion Model and It's Application Together With Adult Education Theory in Changing Heath Promoting Behaviors of Older Adults in Yazd ', Guidance
- 10- Zeinab Ghazanfari, ' The effectiveness of a theory-based behavior change intervention to increase and maintain physical activity in female diabetic patients in Tehran, Iran', Adviser
- 11- Ahmad Ali Eslami, ' Development and evaluation of protection/risk model based training for prevention of adolescent problem behaviors', Guidance
- 12- Mahdi Moshki, ' Using the Precede - Proceed Model in Combination with Health Locus of Control for Mental Health Promotion of University Students', Guidance
- 13- Mahboobeh Khorsandi , 'Effect of PRECEDE PROCEED Model Combined with the Health Belief Model and the Self-Efficacy to Increase Normal Childbirth in Nulliparous women', Guidance
- 14- Hormoz Sanaei Nasab, 'The survey of the effect of composed PRECEDE-PROCEED model, social cognitive and adult learning theories to promote safety behaviors in Razi Petrochemical Company employees', Guidance

- 15- Alireza Shahab Jahanlou, 'Development of the Health Belief Model with Fear Drive Models & Ruiters Fear Model and evaluating its' effect on the level of HbA1c in diabetic patients (type 2)', Guidance
- 16- Tahereh Dehdari, ' Design and evaluation of theory-based educational program for reducing patients' anxiety after CABG.', Adviser
- 17- Noshin Peyman, 'Modifying and evaluating of Steps of Behavior Change(SBC) model integrated with Self efficacy theory in order to decrease unwanted pregnancy', Adviser
- 18- Saeid Mazlomi, 'Effect of health education in promotion of preventive behaviors of mothers to cutaneous leishmaniasis in Yazd', Adviser
- 19- Fazlollah Ahmadi, 'Design and evaluation of continuous care model in control of coronary artery problems', Guidance
- 20- Eisa Mohammadi, 'Design and evaluation of partnership care model in control of high blood pressure', Adviser
- 21- Maryam Taghizadeh, 'The integration of self-regulation theory and PRECEDE model for control of premenstrual syndrome in Tehran teacher training centers', Guidance
- 22- Shirin Lesan, 'The integration of educational theories in PRECEDE model and application of this model for reducing anxiety in Tehran firemen', Guidance
- 23- Negin Masoudi Alavi, 'Designing and testing the caring model in diabetes mellitus', Guidance
- 24- Fatemeh Rakhshani, 'Application of the health belief model in prevention and control malaria in Saravan district at 1996', Adviser
- 25- Gholamreza Sharifirad, 'A survey on health education efficacy for eliminating intestinal parasitic infection', Adviser
- 26- Ali Ramazankhani, 'The effect of health belief model on preventive behaviors of smoking in the military forces', Adviser
- 27- Parvaneh Taymoori, 'Integration TTM and health promotion model to promote and maintenance physical activity among adolescent females', Adviser
- 28- Teamur Aghamolaei, 'Influence of educational intervention on behavior hemoglobinA1c and health related quality of life in diabetic patients at diabetic clinic of Bandar Abbas', Adviser
- 29- Sedighehsadat Tavafian, 'Low back pain education and quality of life: a randomized trial', Adviser
- 30- Abbas Abbaszadeh, 'Designing and evaluation of an ethical nursing model', Adviser

#### Professional Experiences

- 1- Instructor Tarbiat Modares University, Tehran, -
- 2- Assistant Professor of Tarbiat Modares University, Tehran, -
- 3- Associate Professor of Tarbiat Modares University, Tehran, -
- 4- Member of the Supreme Council for Nursing, Ministry of Health and Medical Education, -
- 5- Chairman of Supervisory Board of Nursing Council election, the first election, -
- 6- Head of Nursing Department, Tarbiat Modares University, -
- 7- Member of Council, Tarbiat Modares University, -
- 8- Head of Health Education Department, Tarbiat Modares University, -
- 9- Deputy of Teaching Affairs: school of medical sciences, Tarbiat Modares University , -

#### Others

- 1- Reviewer of 15th Razi research festival on medical sciences

File:

- 2- Reviewer of 16th Razi research festival on medical sciences

File:

- 3- Head of Scientific Committee the first National congress on Health education and Health Promtion, Yazd, 2004

File:

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4- Workshop , application of theory and model in health education and health promotion, Tarbiat Modares University

File:

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5- Workshop, Group discussion, Jahade Sazandegi

File:

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